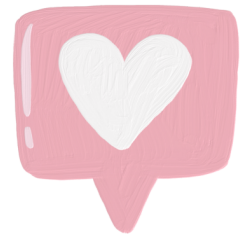


Moe Neighbourhood House Term 4 2024

PROGRAM GUIDE

7TH OCT- 13TH DEC
10 WEEK TERM



OPENING HOURS:

Mon-Fri 9am to 3:30pm (except for public and school holidays)


OUR VISION

Provide support, respect and a place of belonging through
community participation.

CONTACT US

 office@mnh.org.au

 moeneighbourhoodhouse.org

 (03) 5126 3123

 Moe Neighbourhood House (MNH)

 **1-11 James St Moe 3825**

About Us

We are a not-for-profit organisation that is a place for the whole community to come to build confidence, extend themselves, and to grow, engage and connect with others in their community. Our aim is to provide support, respect, and a place of belonging through community participation.

Food Relief

Pantry bags and frozen meals are available at reception during 9am-3:30pm. No identification needed.

Community Lunch

Join MNH and Yooralla Drouin Community Hub for some delicious food and good company every Thursday at 12noon during the school Term – only \$5.

Venue Hire

Six areas available for hire, including the kitchen & computer room. Includes Wi-fi, air conditioning, accessible facilities & TV available for presenting. Call us or visit our website for more information.

Partners and Sponsors



Neighbourhood Houses
The Heart of Our Community



Moe Baptist Church



Learn
Local



MNH would like to acknowledge that we situated on the traditional land of the Brayakaulung people of the Gunaikurnai nation. We pay respect to their Elders past and present.

MNH Memberships

Cost: \$10 Single, \$15 Family financial year.

Membership will give you discounted rates on our services, access to attend meetings and have a say in your community.

MNH membership are renewed each financial year.

Other Services

Photocopying/Printing

A4 size

B&W: 20 cents per sheet

Colour: 60 cents per sheet

A3 size

B&W: 40 cents per sheet

Colour: \$1 per sheet

Laminating

A4 \$1.50 per page

A3 \$3:00 per page

Public computer use

FREE!

Private space for telehealth appointments - FREE

Tuesday & Thursday there is a bookable private space to have your telehealth appointment - WiFi, laptop available at request.

Payment and Booking Information

We try keep our class fees manageable and available to all.

Bookings are essential for all programs as we require a minimum number of students before a class can start.

When you register to attend a course, it is for the whole term (excluding groups).

Payment options:

1. **Upfront**- full payment for course
2. **Payment plan**- please talk to the friendly reception to arrange a payment plan.

Discounts are available for MNH members and concession cardholders. **Please note all prices shown in booklet are the full fee.**

Casual attendances for classes are available subject to class size.

MONDAY

Beginners Computers



Nervous or scared about technology? We have something whether you are a complete beginner or if you are looking to advance your skills.

- 10am - 12pm | \$50 admin & material fee (eligibility required)

Knit & Sew 2 Give

A group to fundraise for MNH and to donate items to other local not-for-profit organisations. A great way to share the love for craft and tips.

- 10am - 12pm | FREE

All Star Women Group

Come and join our all abilities women's group where we will be running different, fun activities throughout the term.

- 10.30am - 12pm | \$5 per session

Drawing

Explore your artistic side in our drawing class! Whether you're a beginner or looking to improve your skills, this class offers a welcoming environment to learn various techniques and express your creativity. This class is a great form of art therapy for you to relax and let the world fall away.

- 12.30 - 2.30pm | \$110 for 10 weeks (discounts available)

Back to Basics Adult English: Mon - Thu

Many people have had disrupted or difficult school experiences. This course can help improve confidence in reading, and writing skills. 1 on 1 or small groups welcome.

- By appointment | \$50 admin and material fee (eligibility required)



MONDAY CONTINUED

Diamond Dotz Club

Bring in a beautiful design your working on & meet/chat with like-minded people.

- 12.30-2.30pm | \$2 per group

TUESDAY

Beginners Computers



Nervous or scared about technology? We have something whether you are a complete beginner or if you are looking to advance your skills.

- 10am - 12pm | \$50 admin & material fee (eligibility required)

Tech Time

Let us help you gain the confidence to live and work in a digital world! Come along and find out more about all things computers and open your horizons!

- 12.30 - 2.30pm | \$110 for 10 weeks (discounts available)

Gardening Group

Share the love of gardening with others. Volunteers help our community garden space by growing fresh produce for our community.

- From 10am | FREE

Family History - NEW TIMES

Discover who your family is, how it has grown and where they originally came from. Create a family tree.

- 1 - 3pm OR 3:30pm - 5:30pm | \$12 per class (casual fee) + \$30 Ancestry access fee

**We have space available to run more programs, groups, activities and workshops!
Have an idea - PLEASE LET US KNOW!**



WEDNESDAY

Quilting

From beginners to advanced quilters, learn how or finish your quilt at MNH! . Start learning this timeless craft, in no time you will start to understand the process and create a lovely heirloom piece or a keepsake to treasure.

- 10am - 12pm | \$110 for 10 weeks (discounts available)

Quilting Group

Casual social group with individuals working on their projects while sharing tips and tricks. Please note - no teacher

- 12.30 - 2.30pm | \$2 per session

Recipe Sharing/Cooking Group



Discover the joy of cooking and connection in our new Recipe sharing and cooking group! This group is all about bringing people together to exchange favorite recipes, cook as a team, and enjoy delicious meals. Whether you're a seasoned cook or just starting out, join us to learn, share, and create lasting friendships through the love of food.

- Wednesdays 2.30 - 5.30pm | \$2 per session | Limited spots available - bookings essential

Tabitha's Closet - 2nd Wednesday of the month

Free clothing initiative hosted by The City Church they service the Gippsland community.

- 10.30 - 11.30am | FREE



THURSDAY

Intermediate Computers

Take the next step after learning the basics. Includes extra skills in Microsoft Office applications like word or excel.

- 10am - 12pm | \$110 for 10 weeks (discounts available)

THURSDAY CONTINUED

Community Lunch

Join MNH and Yooralla Drouin Community Hub for some delicious food and good company every Thursday @ MNH during the school Term – ONLY \$5.

- From 12pm | \$5 for main, dessert and tea & coffee

Chat & Share Group

Bring a project you are working on and sit with others have a laugh, share stories and ideas.

- 12.30 - 2.30pm | \$2 per session

All Abilities Painting Group



Do you love to paint but want to refine your skills? This group is for you! Learn all the skills and techniques on how to become an incredible artist in this group.

- 11.45am - 1.45 pm | Cost = \$7 per session (casual) FORTNIGHTLY



Community Playgroup with Playgroup Victoria

Join our exciting new community playgroup, proudly partnered with Playgroup Victoria! It's a welcoming space where children can learn, play, and grow, while parents and caregivers build connections and share support. Come be a part of our vibrant community!

- 9.30am - 11.30am | \$2 per session, 10 weeks



FRIDAY

Sit 'n' Sew

Learn the basics of sewing whether it be making an item of clothing or quilting. YOU GET TO CHOOSE! Work on your own design and get help along the way.

- 10am - 12pm | \$110 for 10 weeks (discounts available)

Sit 'n' Sew Group

Casual social group with individuals working on their projects while sharing tips and tricks. Please note - no teacher

- 12.30 - 2.30pm | \$2 per session

FRIDAY CONTINUED

Carer Support Group

BrainLink.

Support group for unpaid carers (family or friends) caring for someone. This will be a monthly group. This will be a safe space to share experiences, tips, and resources with fellow caregivers. Morning tea will be provided.

- *Last Friday of the month, 10am - 12pm | \$2 per group*

SATURDAY

Friendship Group

New to the area, or just want to meet new people, come along! Stay for the whole time or just come for a cuppa and a chat.

- *1st Saturday of the month | \$2 per session*

WORKSHOPS AND EVENTS



Please note we are still developing our workshops and events - stay updated by following us on Facebook or Instagram!

Planning Ahead



This free session teaches the importance of formalising your wishes and protecting your rights, covering:

- Enduring Powers of Attorney
 - Medical treatment decision making
 - Advance care directive
- **Tuesday 29th Oct 10.30- 11.30am - FREE, bookings essential**

**We have space available to run more programs, groups, activities and workshops!
Have an idea - PLEASE LET US KNOW!**

